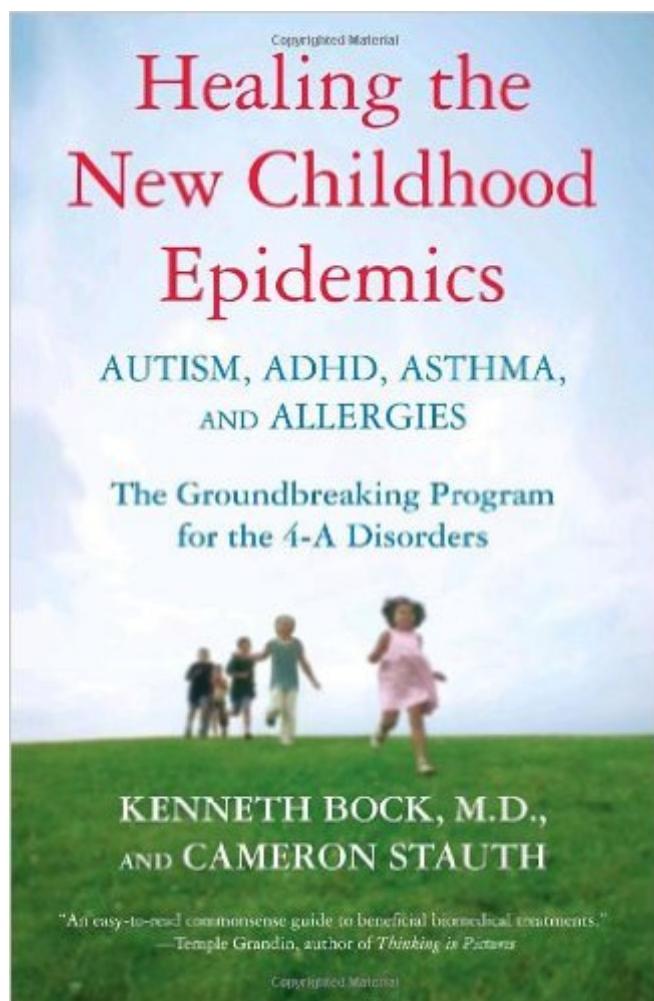


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# Healing The New Childhood Epidemics: Autism, ADHD, Asthma, And Allergies: The Groundbreaking Program For The 4-A Disorders



## Synopsis

Autism is an epidemic: It has spiked 1,500 percent in the last twenty years. ADHD, asthma and allergies have also skyrocketed over the same time period. One of these conditions now strikes one in every three children in America. But there is hope. Leading medical innovator Kenneth Bock, M.D., has helped change the lives of more than a thousand children, and in this important book, with a comprehensive program that targets all four of the 4-A disorders, he offers help to children everywhere. This is the book that finally puts hope within reach. Doctors have generally overlooked the connections among the 4-A disorders, despite their concurrent rise and the presence of many medical clues. For years the medical establishment has considered autism medically untreatable and utterly incurable, and has limited ADHD treatment mainly to symptom suppression. Dr. Bock and his colleagues, however, have discovered a solution â€“ one that goes to the root of the problem. They have found that deadly modern toxins, nutritional deficiencies, metabolic imbalances, genetic vulnerabilities and assaults on the immune and gastrointestinal systems trigger most of the symptoms of the 4-A disorders, resulting in frequent misdiagnosis and untold misery. Dr. Bockâ€™s remarkable Healing Program, drawing on medical research and based on years of clinical success, offers a safe, sensible solution that is individualized to each child to help remedy these root causes. The biomedical approach to autism, ADHD, and the other 4-A epidemics, as innovated by Dr. Bock and some of Americaâ€™s finest integrative physicians, is one of the most promising and exciting medical movements of our time. In this eminently readable account, written by Dr. Bock in collaboration with critically acclaimed author Cameron Stauth, you will meet children and parents whose dramatic stories will inspire you to change the life of your own child. This program may be the help that you have been praying for. From the Hardcover edition.

## Book Information

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## **Customer Reviews**

We have been working with Dr. Bock for about four years and our son (now 18 years old) who is considered to be "on the spectrum" (most said Asperger's; some said PDD-NOS) has made tremendous strides. When I went to my first DAN! Conference in 2004 what immediately surprised me was how the doctors who spoke said it was the parents--not the doctors--who need to take charge of their children's treatment and healing programs. Highly effective doctors like Dr. Bock are very much in demand. Appointments are made months in advance and then you have only so much time with the doctor--not that he doesn't want to give you more time but so many other patients are waiting! Therefore a parent needs to get as much understanding of what the problems are, what the treatments are supposed to do and how they work. Fortunately there are books like this as well as the internet that can provide this vitally needed education. It is clear that there is no one single cause of autism and as a result, no two autistic children are exactly alike. When it comes to autism there are some treatments that aim at treating the effect while others aim at treating the cause. However, it is only the latter that truly promote healing. Healing a child's autism is not like treating an infection with antibiotics. Using natural treatments--vitamin mineral, herbal, enzyme, and nutritional supplements as well as dietary changes and hyperbaric oxygen can result in significant progress but the natural healing process, unlike treating with drugs, is painstakingly slow. Our son's digestion was also helped by another doctor, who gave him a homeopathic remedy.

With all the five-star reviews on this book, I set my expectations too high. On the plus side, Dr. Bock's after-the-fact suggestions are undoubtedly helpful, although he handicaps the advice by common myths. Firstly, he repeatedly attacks saturated fats (e.g., Page 178, "Similarly, it's important to avoid foods that are pro-inflammatory, such as the trans-fatty acids found in margarine and other saturated fats" and, Page 182, "Food. It is often a major contributor to inflammation, specifically if it is high in saturated fat"). Per Julie Matthews, a renowned expert on autism nutrition, "Clinical research shows that both saturated fat and cholesterol are essential for growth in babies, especially for healthy brain development" and "[There have been] decades of incorrect nutrition information on fats fed to the public by almost all mainstream nutrition sources". Dr. Bock is one of sources of disinformation. This disinformation leads inevitably to mothers on bagel and fruit fat-free diets; then,

made unable to breastfeed, with the blessings of their pediatricians, they give harmful omega-6 loaded soy based formulas to their infants; and finally they ween their children to cereal and fruit juice centric diets. (Dr. Bock missed the fact that the increasing levels of gluten in today's popular wheat varieties contribute to the timing of these epidemics. And, he missed the fact that the excess omega-6 fats in soy-based formula are often harmful to the liver and thus impair digestion.) Anyhow, the saturated fat scare that Dr. Bock repeats (although not hysterically himself) is a significant root cause of the autism epidemic.

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